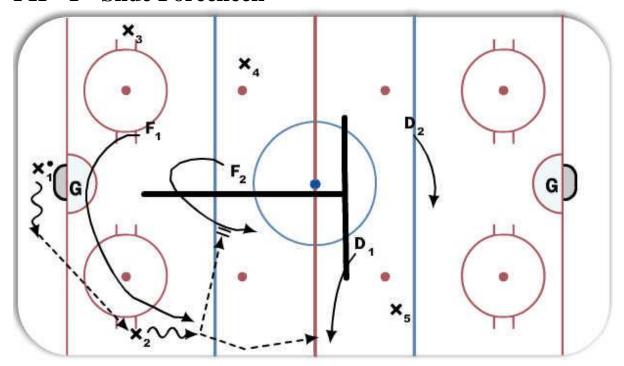
PK "T" Slide Forecheck



Description

F1 (first forward in) Looks to see which way the opposing "quarterback" shoots.

Takes an angle that forces the opposing puck carrier to come out from behind the net to his backhand side (in this case the opposing player shoots left handed). Once the "quarterback" passes to the breakout man, F1 angles the puck carrier toward the boards staying slightly behind him to eliminate a possible pass back. Takes away the option for a cross-ice pass (so he can only pass the puck ahead of him). Covers for F2 after F2 attacks. F2 (Second forward in) Reads the angle F1 took and plays "possum" - he wants to make it look like the opposing teams high strong-side winger is open so that the puck carrier will pass it to him. When the pass comes, he attacks the strong side winger - F1 will swing back and cover for him. Usually the opposing winger will cough up the puck and D1 or D2 will pick it up.

D1 (Strong-side Defenseman) Reads and watches the play develop. Supports F2 so that when the opposing winger gives up the puck he (D1) can take it.

D2 (Weak-side Defenseman) Supports D1. Watches weak-ide winger in case any cross-ice passes get through.

Key Points: Don't pressure until the first pass is being made., F1 must out-wait the opposing defenseman.